



# June Menu



LANA

Rhubarb

			Wednesday, 1st	Thursday, 2nd	Friday, 3rd
Breakfast			Cinnamon Pancakes, Bananas, Milk	Oatmeal with Honey & Rhubarb, Peaches, Milk	Cinnamon Toast, Pineapple, Milk
Lunch			Hot Turkey & Cheese Sandwiches, Oranges, Mixed Veggies, Milk	Spaghetti with Meat Sauce, Breadsticks, Pears, Peas, Milk	Chicken Noodle Soup, Crackers, Mixed Fruit, Carrot Sticks, Milk
snack			Rhubarb Applesauce and Graham Crackers, Milk	Apples and Cheddar Cheese, Milk	Berry Rhubarb Muffins, Milk

AVOCADO

	Monday, 6th	Tuesday, 7th	Wednesday, 8th	Thursday, 9th	Friday, 10th
Breakfast	Cream of Wheat, Peaches, Milk	Cereal, Mixed Fruit, Milk	Waffles, Turkey Sausage, Tropical Fruit Mix, Milk	Cheesy Egg Burritos, Pineapple, Milk	French Toast with Strawberries, Milk
Lunch	Ham & Cheese Roll-ups with Avocado Spread, Apples, Green Beans, Milk	Chicken Pasta Salad with Veggies, Dinner Roll, Applesauce, Milk	Cheese Quesadillas with Avocado, Oranges, Mixed Veggies, Milk	Penne Rosa Pasta, Pears, Peas & Corn, Milk	Beef Tacos with Cheese, Watermelon, Sliced Avocado and Raw Carrots, Milk
snack	Oatmeal Chocolate Chip Cookies, Milk	Pretzels and Guacomole, Milk	Fresh Fruit Salad, Milk	Veggies and Avocado Ranch Dip, Milk	Lemon Bars, Milk

Blueberry

	Monday, 13th	Tuesday, 14th	Wednesday, 15th	Thursday, 16th	Friday, 17th
Breakfast	Cereal, Mixed Fruit, Milk	Blueberry Bagels with Cream Cheese, Mandarin Oranges, Milk	Scrambled Eggs, Bananas, Milk	Oatmeal with Blueberries, Milk	Blueberry Yogurt with Granola, Milk
Lunch	Mini Turkey Burgers, Oranges, Green Beans, Milk	Hot Dogs on a Bun, Pineapple, Mixed Veggies, Milk	Tomato Soup and Grilled Cheese Sandwiches, Apples, Milk	Sloppy Joes, Pears, Carrots, Milk	Cheese Pizza, Applesauce, Corn & Peas, Milk
snack	Blueberry Cream Cheese Muffins, Milk	Soft Pretzels with Cheese, Milk	Blueberry Cream Cheese Roll-ups, Milk	Sliced Watermelon, Milk	Root Beer Floats with Fathers

TOMATO

	Monday, 20th	Tuesday, 21st	Wednesday, 22nd	Thursday, 23rd	Friday, 24th
Breakfast	Egg and Cheese Biscuits, Milk	Cereal, Pineapple, Milk	Banana Chocolate Chip Bread, Milk	Cream of Wheat, Mandarin Oranges, Milk	Bagels with Cream Cheese or Jelly, Tropical Fruit Mix, Milk
Lunch	Italian Dunkers with Tomato Sauce, Watermelon, Carrots, Milk	Chicken Strips, Applesauce, Broccoli, Milk	Chicken and Cheese Sandwiches with Tomato Basil Spread, Pears, Peas, Milk	Choc. Chip Pancakes, Turkey Sausage, Bananas, Mixed Veggies, Milk	Kielbasa & Tomato Pasta, Dinner Roll, Peaches, Corn, Milk
snack	Sliced Oranges and Apples, Milk	Chips and Salsa, Milk	Pudding & Graham Crackers, Milk	Fresh Veggies and Dill Dip, Milk	Cinnamon Applesauce Muffins, Milk

Pineapple

	Monday, 27th	Tuesday, 28th	Wednesday, 29th	Thursday, 30th	Friday, 1st
Breakfast	Cereal, Peaches, Milk	Oatmeal, Pineapple, Milk	Waffles, Mandarin Oranges, Milk	Cinnamon Strudel Bread, Pears, Milk	Strawberry Yogurt with Granola, Milk
Lunch	Chicken and Pineapple Fried Rice, Breadstick, Carrot Slices, Milk	Macaroni and Cheese, Oranges, Mixed Veggies, Milk	Meatballs Over Rice, Watermelon, Peas, Milk	Chicken Tortilla Soup with Veggies, Crackers, Apples, Milk	Pizza Burgers, Sliced Pineapple, Green Beans, Milk
snack	Trail Mix, Milk	Fruit Smoothie, Milk	Pineapple Cake, Milk	Fresh Fruit Salad with Pineapple, Milk	String Cheese and Crackers, Milk