LANA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4 th	5 th	6 th	7 th	8 th
	B: Cereal, bananas, milk	B: Cinnamon apple muffins,	B: Veggie egg bake,	B: Multigrain pancakes,	B: Cinnamon brown sugar
Potatoes		peaches, milk	potatoes, pineapple, milk	apples, milk	oatmeal, fruit salad, milk
and	L: Meatloaf, mashed potatoes, creamed corn,	L: Chicken salad sandwich,	L: Penne w/ red sauce,	L: Potato corn chowder,	L: Turkey sandwiches,
	applesauce, milk	potato salad, veggie straws,	zucchini fritters, apples, milk	pears, broccoli, milk	potato chips, veggie slaw
Winter		oranges, milk	2000:		salad, mandarin oranges,
Squash	S: Cottage cheese,		S: Apple crisp, raisins, milk	S: Black bean brownie, milk	milk
	peaches, milk	S: Trail mix, apples, milk			S. Donoorn apples milk
	1 1 th	12 th	13 th	1.4 th	S: Popcorn, apples, milk
	B: Cereal, bananas, milk	B: Blueberry bread, apples,	B: Cheesy eggs w/ sausage,	B: Cinnamon French toast,	B: Maple cream of wheat,
		milk	pears, milk	peaches, milk	apples, milk
Chan hass	L: Sloppy joes, snap pea,				
Snap peas	carrot salad, fruit salad, chips, milk	L: Chicken noodle soup, rolls, broccoli w/ lemon	L: Two bean chili, corn muffins, veggie slaw,	L: Chicken & snap pea stir- fry, steamed rice, oranges,	L: Grilled cheese, tomato soup, snap pea chips,
	Criips, miik	butter, grape salad, milk	applesauce, milk	milk	pineapple, milk
	S: Applesauce, string	Server, g. ape cara a,	approvided,		
	cheese, milk	S: Mixed veggies & peas,	S: Apples, pretzels and	S: Pear crisp, milk	S: Choc. Chip cookies,
		hummus, milk	caramel, milk		apples, milk
	18 th B: Cereal, bananas, milk	B: Carrot apple muffins,	20 th B: Turkey sausage & cheese	21st B: Pumpkin pancakes,	22 nd B: Oatmeal w/ apples, fruit
	B. Cerear, Dariarias, Tilik	peaches, milk	egg bake, pineapple, milk	mixed dried fruit, milk	salad, milk
	L: Chicken tacos, black	, , , , , , , , , , , , , , , , , , , ,			
Broccoli &	bean salsa, cilantro lime	L: Broccoli cheddar soup,	L: Ravioli w/ marinara,	L: Chicken fried rice,	L: Black bean & corn turkey
Cauliflower	rice, apples, milk	soft roll, green beans, apples, milk	parmesan roasted cauliflower, fruit salad, milk	broccoli, pineapple, milk	chili, corn muffins, oranges, milk
	S: Cucumber dill "tea"	apples, milk	Cadillower, Iron salaa, miik	S: Spinach apple muffins,	HIIIK
	sandwiches, milk	S: Choc. Chip zucchini	S: Blue corn chips, salsa, milk	milk	S: Trail mix, string cheese,
		bread, milk			milk
	25 th	26 th	27 th	28 th	29 th
	B: Cereal, bananas, milk	B: Banana bread, apples, milk	B: Ham and cheese egg bake w/ peppers, oranges,	B: Bagels w/ cream cheese, peaches, milk	B: Oatmeal w/ peaches & cream, apples, milk
	L: Sheppard's pie, sauté		milk	53000, podorios, min	5.5 Siri, Spp. 65, Irinic
Sweet	squash & peppers, fruit	L: Turkey wraps, veggie slaw		L: Chicken vegetable stir-	L: Cheese quesadillas,
peppers	salad, milk	w/ peppers, sweet potato	L: Mac and cheese, tomato	fry w/ peppers, rice,	tomato corn salsa, refried
poppo.o	S: String cheese, trail mix,	chips, grapes, milk	cucumber salad, mixed fruit, milk	pineapple, milk	beans, apple sauce, milk
	milk	S: Broccoli, bell peppers,	HOII, HIIIK	S: Apple bars, raisins, milk	S: Veggie straws, orange
		veggie dip, milk	S: Apple muffins, milk		slices, milk



