

LANA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Potatoes and Winter Squash	4 th B: Cereal, bananas, milk L: Meatloaf, mashed potatoes, creamed corn, applesauce, milk S: Cottage cheese, peaches, milk	5 th B: Cinnamon apple muffins, peaches, milk L: Chicken salad sandwich, potato salad, veggie straws, oranges, milk S: Trail mix, apples, milk	6 th B: Veggie egg bake, potatoes, pineapple, milk L: Penne w/ red sauce, zucchini fritters, apples, milk S: Apple crisp, raisins, milk	7 th B: Multigrain pancakes, apples, milk L: Potato corn chowder, pears, broccoli, milk S: Black bean brownie, milk	8 th B: Cinnamon brown sugar oatmeal, fruit salad, milk L: Turkey sandwiches, potato chips, veggie slaw salad, mandarin oranges, milk S: Popcorn, apples, milk
	Snap peas	11 th B: Cereal, bananas, milk L: Sloppy joes, snap pea, carrot salad, fruit salad, chips, milk S: Applesauce, string cheese, milk	12 th B: Blueberry bread, apples, milk L: Chicken noodle soup, rolls, broccoli w/ lemon butter, grape salad, milk S: Mixed veggies & peas, hummus, milk	13 th B: Cheesy eggs w/ sausage, pears, milk L: Two bean chili, corn muffins, veggie slaw, applesauce, milk S: Apples, pretzels and caramel, milk	14 th B: Cinnamon French toast, peaches, milk L: Chicken & snap pea stir-fry, steamed rice, oranges, milk S: Pear crisp, milk
Broccoli & Cauliflower		18 th B: Cereal, bananas, milk L: Chicken tacos, black bean salsa, cilantro lime rice, apples, milk S: Cucumber dill "tea" sandwiches, milk	19 th B: Carrot apple muffins, peaches, milk L: Broccoli cheddar soup, soft roll, green beans, apples, milk S: Choc. Chip zucchini bread, milk	20 th B: Turkey sausage & cheese egg bake, pineapple, milk L: Ravioli w/ marinara, parmesan roasted cauliflower, fruit salad, milk S: Blue corn chips, salsa, milk	21 st B: Pumpkin pancakes, mixed dried fruit, milk L: Chicken fried rice, broccoli, pineapple, milk S: Spinach apple muffins, milk
	Sweet peppers	25 th B: Cereal, bananas, milk L: Sheppard's pie, sauté squash & peppers, fruit salad, milk S: String cheese, trail mix, milk	26 th B: Banana bread, apples, milk L: Turkey wraps, veggie slaw w/ peppers, sweet potato chips, grapes, milk S: Broccoli, bell peppers, veggie dip, milk	27 th B: Ham and cheese egg bake w/ peppers, oranges, milk L: Mac and cheese, tomato cucumber salad, mixed fruit, milk S: Apple muffins, milk	28 th B: Bagels w/ cream cheese, peaches, milk L: Chicken vegetable stir-fry w/ peppers, rice, pineapple, milk S: Apple bars, raisins, milk

APRIL MENU